

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 30 Jul 2023 until 23:59 on Monday 31 Jul 2023

Forecast Issued on Saturday 29 Jul 2023 at 15:29 by Met Office Aberdeen

Confidence: High confidence for unsettled conditions throughout the next 5 days. Lower confidence in the daily rainfall detail.

Headline for Sunday 30 Jul 2023: Frequent showers, some heavy and thundery, clearing later.

Mountain weather hazards on Sunday 30 Jul 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

Low Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

No Likelihood

Heavy persistent rain

No Likelihood

Storm force winds

No Likelihood

Poor visibility

Medium Likelihood

Strong sunlight

Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Heavy rain showers (night)	Heavy rain showers (night)	Heavy rain showers	Heavy rain showers	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability							
80%	60%	40%	40%	30%	20%	10%	<05%

Forecast for Sunday 30 Jul 2023

Weather: Frequent heavy and thundery showers continue overnight. Showers begin to ease from the morning before clearing from late afternoon leaving most places dry with sunny spells by the evening.

Chance of cloud-free hill tops above 800m: 40% in the morning increasing 60% from the afternoon.

Low Cloud and visibility: Broken cloud 300-500m in frequent showers at first rise to 800-1000m through the morning. Visibility will be mainly good but will fall moderate to poor in showers.

Forecast for Sunday 30 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	34/42 S	22/28 SW	17/22 W	16/22 NW	16/23 W	15/22 W	9/13 W	5/7 S	8/10 E
900	24/32 S	17/22 SW	14/18 W	14/20 NW	15/21 W	14/20 W	8/13 W	3/4 S	7/9 SE
600	32/39 S	20/25 S	14/18 W	12/17 NW	14/20 W	14/20 W	9/13 W	4/6 S	4/6 SE
300	17/27 S	12/19 SW	8/14 W	10/16 W	10/17 W	10/17 W	6/11 W	3/5 S	3/5 E
Glen	10/24 S	10/20 SW	8/17 W	10/18 W	11/20 W	10/18 W	7/13 W	4/7 S	2/5 N

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	4/-2	5/0	6/1	6/2	6/2	7/3	7/4	6/5	6/4
900	7/2	8/4	8/5	9/6	10/7	11/8	10/9	9/8	7/6
600	9/5	10/6	10/7	11/8	12/10	13/11	12/11	11/11	10/9
300	11/8	12/9	12/10	13/12	15/13	16/14	15/14	13/13	12/12
Glen	13/11	13/12	13/12	16/14	17/15	18/16	17/16	14/14	12/12
Freezing Level*	2000m	2100m	2100m	2100m	2100m	2200m	2100m	2100m	2200m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Widespread, heavy and thundery showers begin to clear through the morning.

Forecast for Monday 31 Jul 2023

Weather: Northern Argyll will stay dry with sunny spells while cloud and outbreaks of rain spread across southern ranges from early morning. The rain clears east through the morning to leave the afternoon dry. Scattered showers, some heavy and thundery spread east across the region from the evening.

Maximum wind: East 20-25mph gust 35mph

Chance of cloud-free hill tops above 800m: 30% increasing 60% in the afternoon.

Low Cloud and visibility: Broken cloud 400-600m across southern ranges at first will lift and break in the morning leaving patchy cloud 900-1100m in the afternoon. The visibility will be good, falling poor in rain and showers.

Temperature: **Glens:** Plus 10 Celsius rising Plus 18 Celsius.

At 800m: Plus 10 Celsius.

Freezing level: Above the summits.